

Armed Services Blood Program Medical Conditions List

NOTICE: The Department of Defense (DoD) assumes no risk for the use of this information by non-DoD personnel, blood programs, or individual medical institutions. The use of this information by DoD entities is strictly for blood donor operations and must adhere to the current Service-specific (Army, Navy, and Air Force) Standard Operating Procedures for screening blood donors.

Any deviation from this information must be done according to current Service-specific and/or local Standard Operating Procedures for screening blood donors and must have received prior approval by the site Medical Director with documented justification.

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Medical Condition	Comment
Abdominoplasty	Accept if healed and has resumed regular activity.
Abortion	Deferral - 6 weeks
Abscesses	Healed and off of antibiotics for 48 hours. Defer if suspect for anthrax.
Acid Reflux	Accept.
Acromegaly	Accept.
Actinic Keratosis	Accept.
Actinomycosis	Defer 1 week after stopping medication and condition is resolved.
Acupuncture	Accept only if: - performed by licensed provider, - underlying condition is not cause for deferral, and - procedure is done with single-use equipment and under aseptic conditions Defer 12 months if above conditions are not satisfied.
Acute Renal Failure	Defer until resolved and have normal renal function for one week.
Acute Tubular Necrosis	Accept if recovered and renal function is normal. Defer until recovered and renal function is normal.

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Medical Condition	Comment
Addisons Disease	Permanent deferral. Note: These donors are susceptible to postural hypotension.
Adenofibroma	Accept.
Adenomas	Accept if donor knows it is benign. Refer to Medical Director to resolve any questions.
Adenovirus	Defer until asymptomatic for 3 days.
Adrenal Glands Absent	Permanent deferral.
Agammaglobulinemia	Defer if received IVIG in the last 12 months. Refer to Medical Director otherwise.
AIDS	Permanent deferral.
Alcoholic Cirrhosis	Indefinite deferral. Consult Medical Director to reevaluate eligibility if donor has received a liver transplant.
Alcoholism	Defer if under the influence.
Allergies	Accept if donor has no sinus or respiratory infections. If a rash is present, ensure it is not in the antecubital area.
Allergy Injections	Wait 6 hours.
Alpha-1-Antitrypsin Deficiency	Accept for whole blood donation only. Permanent deferral if donor has emphysema or if receiving treatment (i.e. Alpha-1-proteinase inhibitor).
Alzheimer's Disease	Refer to Medical Director. Note: Need to establish medical competency.
Amoebic Dysentery	Defer 1-week after cessation of therapy and recovery.

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Medical Condition	Comment
Amyotrophic Lateral Sclerosis (Lou Gehrig's Disease)	Permanent deferral; cause unknown.
Anemia	Accept, if all other screening criteria are acceptable.
Aneurysms	<p>If surgically corrected and asymptomatic - Defer until they have resumed regular activities.</p> <p>Defer 12 months if received blood transfusion.</p> <p>If not surgically corrected - Advise prospective donors to obtain approval from their physician regarding blood donation.</p> <p>Requires Medical Director approval.</p>
Angina Pectoris	<p>Deferral if symptoms are present within the last 6 months.</p> <p>Advise prospective donors to obtain approval from their physician regarding blood donation.</p> <p>Accept if no symptoms and no limitation of activities and with Medical Director approval.</p>
Angioplasty (Coronary)	<p>Defer 6 months after procedure.</p> <p>Advise prospective donors to obtain approval from their physician regarding blood donation.</p> <p>Accept if no symptoms and no limitation of activities and with Medical Director approval.</p>
Animal Bites	<p>Domestic pets - Defer until healed.</p> <p>Other animals - Defer 2 months from time of bite and wound must be healed at time of donation.</p> <p>If Rabies vaccine needed - Defer 1 year.</p>
Ankylosing Spondylitis	<p>Accept if:</p> <ol style="list-style-type: none"> 1) no limitation of motion (can sit in donor chairs) and 2) not on immunosuppressive medication.

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Anthrax	No deferral for "possible" anthrax exposure unless on antibiotics. Defer until completion of the full course of treatment/prophylaxis, the condition is resolved, and the deferral period for the antibiotic has been met.
Aortic Stenosis	Accept if the donor is surgically corrected and asymptomatic without restrictions. Defer 12 months if donor received allogeneic or autologous blood or blood product transfusion(s) and/or tissue graft. Defer indefinitely if donor received a transfusion of blood or blood products collected in the United Kingdom or France since 1980.
Aphthous Ulcers	Defer if active/open. Accept if healed.
Appendectomy	Accept when healing is complete.
Arrhythmias	Defer for 6 months after event. Accept if no symptoms and no limitation of activities and with Medical Director approval. Advise prospective donors to obtain approval from their physician regarding blood donation.
Arteriovenous (AV) Malformation	If surgically corrected and asymptomatic - Defer until they have resumed regular activities. Defer 12 months if received blood transfusion. If not surgically corrected - Advise prospective donors to obtain approval from their physician regarding blood donation. Requires Medical Director approval.
Arthritis	Osteoarthritis (degenerative joint disease) - Accept. Rheumatoid arthritis - Permanent deferral. Psoriatic arthritis – Requires Medical Director evaluation.

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Medical Condition	Comment
Asbestosis	Permanent deferral if causing chronic lung disease. Accept otherwise.
Asthma	Accept if asymptomatic. Defer if symptomatic or has required oral steroids for management in the last 6 months.
Attention Deficit (Hyperactivity) Disorder (ADD/ADHD)	Accept.
Babesiosis	Permanent deferral.
Bacterial Infections	Defer 72 hours after antibiotic course completed and donor is symptom-free and feels well. Defer one week if antibiotic administered IM or IV and donor is symptom-free and feels well. Refer to Medical Director for resolution of questions.
Bee Stings	Wait 6 hours.
Bell's Palsy	Accept.
Benign Prostatic Hypertrophy or Hyperplasia (BPH)	Accept, unless treated with Proscar or Avodart (Dutasteride). Proscar - Defer until 1 month after last dose of medication. Avodart - Defer until 6 months after last dose of medication.
Berger's Disease	Refer to Medical Director.
Bipolar	Accept if not currently manic.
Black Lung Disease (Pneumoconiosis)	Permanent deferral.
Bladder Infection	Defer until 48 hours after completing antibiotic therapy and resolved.

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Medical Condition	Comment
Blood Donation	<p>Whole Blood - Defer 8 weeks.</p> <p>Double Red Cell - Defer 16 weeks.</p> <p>Plasma Donation - Defer 48 hours following uncomplicated procedure. Defer 8 weeks if procedure is complicated by red cell loss of 100 mL or greater in machine.</p> <p>Platelet Donation/Plateletpheresis - Defer 48 hours following uncomplicated procedure. Defer 8 weeks if procedure is complicated by red cell loss of 100 mL or greater in machine.</p>
Blood Transfusion	<p>Defer 12 months if donor received allogeneic or autologous blood or blood product transfusion(s).</p> <p>Defer indefinitely if donor received a transfusion of blood or blood products collected in the United Kingdom or France since 1980.</p>
Body Piercing and Body Alterations (Tongue separation)	Defer 12 months.
Boils	Defer until well healed. Defer if suspect for anthrax.
Bone Graft	Defer 12 months if donor received allogeneic or autologous bone graft(s). Defer indefinitely if bovine.
Bone Marrow Donor	Accept 8 weeks after donation unless lingering complications remain.
Bowen's Disease	Accept (is carcinoma-in-situ).
BPH (Benign Prostatic Hypertrophy or Hyperplasia)	<p>Accept, unless treated with Proscar or Avodart (Dutasteride).</p> <p>Proscar - Defer until 1-month after last dose of medication.</p> <p>Avodart - Defer until 6 months after last dose of medication.</p>
Brain Injury	Refer to Medical Director

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Brain Surgery	<p>Accept if seizure free in last 12 months.</p> <p>Refer to Medical Director if for malignancy.</p> <p>Defer for CJD risk if dura mater transplant.</p>
Brain Tumor	<p>Benign: accept.</p> <p>Malignant: permanent deferral</p>
Branding	Skin branding: 12-month deferral.
Breastfeeding	Accept.
Bronchitis	<p>Taking antibiotics- Defer until symptom-free and off antibiotics for 72 hours.</p> <p>Taking other medications to relieve symptoms - Defer until symptom-free and off the medications for 72 hours.</p> <p>Defer donors with active symptoms of bronchitis until symptom-free for 72 hours.</p>
Bursitis	Accept if resolved.
Cancer	<p>Accept if localized skin cancer (basal cell carcinoma or squamous cell carcinoma) and is completely excised and healed.</p> <p>Accept carcinoma-in-situ of the cervix.</p> <p>Permanent deferral for malignant melanoma, leukemia, lymphoma, Hodgkin's disease, multiple myeloma, myelodysplastic syndrome, polycythemia vera.</p> <p>All other cancers require Medical Director's approval.</p>
Candida Infection (Candidiasis)	<p>Defer 1-week after cessation of medication and well, if related to antibiotic therapy or steroid therapy.</p> <p>Refer to Medical Director, if there is a question of immunodeficiency.</p>
Canker Sore	<p>Defer if active/open.</p> <p>Accept if healed.</p>

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Carcinoma-In-Situ	Accept.
Cardiac Arrest	<p>Defer for 6 months after event.</p> <p>Accept if no symptoms and no limitation of activities.</p> <p>Advise prospective donors to obtain approval from their physician regarding blood donation.</p> <p>Requires Medical Director approval.</p>
Cardiac Catheterization	<p>Accept if results negative.</p> <p>Defer until significant coronary artery disease is corrected.</p> <p>Advise prospective donors to obtain approval from their physician regarding blood donation.</p> <p>Requires Medical Director approval.</p>
Cardiac Defects	<p>If surgically corrected and asymptomatic - Defer until donor has resumed regular activities.</p> <p>Defer 12 months if received blood transfusion.</p> <p>If not surgically corrected - Advise prospective donors to obtain approval from their physician regarding blood donation</p> <p>Requires Medical Director approval.</p>
Cardiomyopathy	<p>Defer indefinitely.</p> <p>Consult Medical Director to reevaluate eligibility if donor has received a heart transplant.</p>
Carotid Bruit	Refer to Medical Director.
Carpal Tunnel Syndrome	Accept.
Casts	<p>Accept only if there was a simple fracture/break.</p> <p>Defer if there was any type of surgery and until the cast is removed and all wounds are completely healed.</p>
Cataplexy	Accept.

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Cat-Scratch Disease	Defer until 1-week after cessation of therapy and feels well.
Cauterization	Accept if healed and has resumed regular activity.
Celiac disease	Accept if asymptomatic.
Cellulitis	Consult Medical Director.
Cerebral Palsy	Accept with Medical Director evaluation. Be certain that donor safety can be ensured during phlebotomy.
Cerebrovascular Accident	Defer for 6 months after the stroke. Advise prospective donors to obtain approval from their physician regarding blood donation.. Accept after 6 months if no symptoms and no limitation of activities.
Cervical Dysplasia	Accept, even if carcinoma-in-situ was present. Refer to Medical Director if carcinoma present. Defer 6 weeks from time of biopsy and/or definitive treatment.
CFS (Chronic Fatigue Syndrome)	Defer indefinitely if prospective donor has been told by a doctor they have CFS.
Chagas' Disease	Permanent deferral.
Chancre	Defer until 12 months after cessation of therapy. This is a primary syphilitic lesion.
Chemotherapy	Defer during treatment period and until 6 months after treatment completed. Requires Medical Director evaluation.
Chest Pain	Accept if evaluated by doctor and not due to heart disease. If due to heart disease, see angina pectoris.

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Chicken Pox	<p>Defer 21 days after exposure if not previously infected, otherwise accept.</p> <p>Defer for active infection until 1 week after lesions resolved.</p> <p>Defer 1- year if injected with VZIG (varicella zoster immune globulin) post-exposure.</p>
Chlamydia	Defer 12 months after treatment completed.
Cholecystectomy (Gall Bladder Removal)	Defer for 1-week after surgery. Must be healed, symptom free and resumed regular activity.
Cholecystitis (Gall Bladder Inflammation)	<p>If surgically corrected - Defer for 1-week after surgery.</p> <p>Accept if healed, symptom free, and resumed regular activity.</p> <p>If medically corrected - Defer until symptom free for 72 hours after completion of therapy.</p>
Cholelithiasis (Gall Stones)	<p>Accept if symptom free if not surgically corrected.</p> <p>Defer for 1-week after surgery if surgically corrected.</p> <p>Must be healed, symptom free and resumed regular activity.</p>
Chronic Bronchitis	Accept if not on antibiotics.
Chronic Fatigue Syndrome (CFS)	Defer indefinitely if prospective donor has been told by a doctor they have CFS.
Chronic Granulomatosis Disease	Requires Medical Director evaluation.
Chronic Renal Failure	<p>Defer if chronic renal disease.</p> <p>Accept if condition resolved and kidney functions normal.</p>
Cirrhosis	Indefinite deferral. Reevaluate if donor has received a liver transplant.
CJD (Creutzfeldt-Jacob Disease)	Permanent deferral.
Cluster Headaches	Defer until donor feels well, if symptomatic.

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Coagulation Factor Deficiencies (Congenital)	Permanent deferral.
Coccidiomycosis	Accept if well and asymptomatic and off all antifungal therapy for 1-month.
Cold Sores	Defer if active/open. Accept if healed.
Colds	Taking antibiotics- Defer until symptom-free and off antibiotics for 72 hours. Taking cold medications- Defer until symptom-free and off cold medications for 72 hours. Defer donors with active symptoms of a cold until symptom-free for 72 hours.
Colitis, Non-Specific	Accept if no diarrhea for the past 7 days. Make sure is not Crohn's disease or ulcerative colitis.
Collagen Implant (injection)	Defer 12 months unless cell culture derived or autologous. Consult physician to determine type of injection.
Colonoscopy	If no biopsy - Accept 72 hours post procedure. If biopsy - Defer until results available. If results are available, ask donor if physician told them whether additional testing needed or if any abnormalities were found. Consult Medical Director to resolve any questions.
Compartmental Syndrome	Defer until well healed and resumed regular activity.
Congenital Heart Defect	If surgically corrected and asymptomatic - Defer until donor has resumed regular activities. Defer 12 months if donor received blood or blood product transfusion. If not surgically corrected - Advise prospective donors to obtain approval from their physician regarding blood donation.

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Medical Condition	Comment
Congestive Heart Failure	<p>Defer if symptoms within the last 6 months.</p> <p>Advise prospective donors to obtain approval from their physician regarding blood donation.</p> <p>Accept if no symptoms and no limitation of activities.</p>
Conization	<p>Defer 6 weeks and resumed normal activity.</p> <p>Used to treat cervical dysplasia.</p> <p>Medical Director evaluate pathology report.</p>
Conjunctivitis	Defer until resolved and asymptomatic.
Convulsions	Accept as long as well controlled, with or without medication (check Medication List). "Well controlled" is defined as seizure-free in the past 6 months.
COPD (Chronic Obstructive Pulmonary Disease)	<p>Requires Medical Director evaluation.</p> <p>Defer if donor is symptomatic.</p>
Coronary Artery Bypass Surgery	Defer 6 months after procedure. Advise prospective donors to obtain approval from their physician regarding blood donation. Accept if no symptoms and no limitation of activities. Defer 12 months if received blood or blood product transfusion. Requires Medical Director approval.
Costochondritis	Accept.
Coxsackie Virus	Defer 2 weeks after recovery and feels well.
Crest Syndrome	Permanent deferral.
Creutzfeldt-Jacob Disease (CJD)	Permanent deferral.
Crohn's Disease	Permanent deferral.
Cryosurgery	Defer 72 hours. Determine and evaluate underlying condition for possible need to defer an additional period.
Cryptococcosis	Accept if well and asymptomatic and off all antifungal therapy for 1- month.

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Cryptosporidiosis	Accept if treated and no diarrhea for the past 7 days.
Cushing's Disease	Accept if treated.
Cutaneous Larva Migrans	Defer for 1-week after cessation of therapy and feels well.
Cyst Removal	Defer for 6 weeks post excision.
Cystic Fibrosis	Permanent deferral.
Cystitis	Defer until 48 hours after completing antibiotic therapy and resolved.
Cytomegalovirus (CMV)	Accept if antibody positive but symptom free. Refer to Medical Director for recent diagnosis of infection.
Dementia	Refer to Medical Director. Note: Need to establish medical competency.
Dengue Fever	Requires Medical Director evaluation. Defer minimum 120 days from resolution of symptoms.
Dental Procedures/Surgery	Defer 24 hours for cleanings or fillings. Defer 72 hours for root canal, oral surgery, or tooth extraction (including wisdom tooth). Defer 12 months for periodontal bone graft (bovine-derived that is FDA/CDRH approved). Defer indefinitely if graft source unknown.
Depression	Accept.
Dermatitis	Defer only if lesions in area of venipuncture.
Dermatitis Herpetiformis	Accept if asymptomatic.
Dermatomyositis	Permanent deferral.

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Medical Condition	Comment
Diabetes (High Blood Sugar)	<p>Diabetes Mellitus – Accept if on oral hypoglycemics, or insulin, if dosage controlled and stable.</p> <p>Defer indefinitely for vCJD if bovine (beef) insulin was injected at any time since 1980.</p> <p>Diabetes Insipidus – Requires Medical Director evaluation.</p>
Dialysis	<p>Defer 12 months after last dialysis.</p> <p>Healthcare workers performing dialysis are acceptable if they meet criteria for donation.</p>
Diarrhea	Accept if symptom-free for 7 days.
Dilation and Curettage	Defer seven days post-procedure unless associated with pregnancy or malignancy. Accept six weeks after pregnancy. Requires Medical Director evaluation for malignancy.
Diverticular Disease	Accept if no active disease and/or afebrile.
Down's Syndrome	Accept if mentally competent and understands procedure.
Dressler's Syndrome	Type of pericarditis seen post-cardiac surgery. Accept after resolved and asymptomatic. Defer 12 months if received blood or blood component transfusion.
Ear Infection (Otitis Media)	Defer until 24 hours after cessation of therapy and feels well.
Ear Piercing	Accept only if done with single-use equipment and under aseptic conditions; otherwise defer 12 months.
Ectopic Pregnancy	Defer 6 weeks.
Eczema	Accept if lesions not in area of venipuncture.
Ehlers Danlos Syndrome	Permanent deferral.
Embolism	Defer 6 months after event and if not on anticoagulation.

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Medical Condition	Comment
Emphysema	Requires Medical Director evaluation Defer if donor is symptomatic.
Encephalitis	Refer to Medical Director if donor had this diagnosis or treatment in the past 12 months. Accept if more than 12 months ago and no serious complications or disabling encephalopathy, cognitive or motor dysfunction interfering with occupation or activities of daily living, progressing over weeks to months in the absence of an explanation.
Endocarditis	Defer if symptomatic. Accept if not currently having symptoms and not on continuous antibiotic prophylaxis.
Endometriosis	Accept.
Endometritis	Defer until afebrile and feels well and 1-week elapsed since recovery.
Endoscopy	If no biopsy - Accept 72 hours post procedure. If biopsy - Defer until results available. If results are available, ask donor if physician told him whether additional testing was needed or if any abnormalities were found. Consult Medical Director to resolve any questions.
Eosinophilic Granuloma Histocytosis	Permanent deferral
Epilepsy	Accept as long as well controlled, with or without medication (check Medication List). "Well controlled" is defined as seizure-free in the past 6 months.
Epistaxis	Accept if donor does not have bleeding disorder.
Epstein Barr Virus	Accept if donor is antibody positive but symptom free. Refer to Medical Director for recent diagnosis of infection.
Erythema Nodosum	Can accept if recovered and asymptomatic.

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Medical Condition	Comment
Erythrocytosis	Requires Medical Director evaluation of underlying cause. Accept if not related to polycythemia vera, chronic disease, or myeloproliferative disorder.
Esophagitis	Accept if not from infectious etiology.
Eye Conditions	1) Conjunctivitis (pink eye) - Defer until treatment complete and feels well. 2) Glaucoma - Accept. 3) Styes - Defer until treatment complete. 4) Chalazion - Accept.
Fainting	Requires Medical Director evaluation. Permanently ineligible if frequent and recurring.
Fatty Tumors	Accept if donor knows it is benign. Refer to Medical Director to resolve any questions.
Fever Blisters	Defer if active/open. Accept if healed
Fibrocystic Disease Of Breast	Accept.
Fibroids	Accept.
Fibromyalgia	Accept.
Fifth's Disease	Defer until donor afebrile and free of major symptoms. Exposure requires a 21-day deferral from time of exposure.
Flu	Defer donors with active symptoms of the flu until symptom-free and off medications for 72 hours.
Food Poisoning	Defer 7 days and until feeling well and asymptomatic.

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Medical Condition	Comment
Fractures	<p>Accept only if there was a simple fracture/break.</p> <p>Defer if there was any type of surgery and until the cast is removed and all wounds are completely healed.</p>
Fungal Infection	<p>Accept if involving only skin or nails and away from venipuncture site.</p> <p>Accept if other tissues involved and donor is well and asymptomatic and off all antifungal therapy for 1 month.</p>
G6PD Deficiency	<p>Accept for platelet donation and plasmapheresis.</p> <p>Defer for allogeneic RBC donations.</p>
Gall Bladder Inflammation (Cholecystitis)	<p>If surgically corrected - Defer for 1 week after surgery.</p> <p>Must be healed, symptom free and resumed regular activity.</p> <p>If medically corrected - Defer until symptom free for 72 hours after completion of the therapy.</p>
Gall Bladder Removal (Cholecystectomy)	<p>Defer for 1 week after surgery. Must be healed, symptom free and resumed regular activity.</p>
Gall Stones (Cholelithiasis)	<p>If not surgically corrected - Accept if symptom free.</p> <p>If surgically corrected - Defer for 1 week after surgery.</p> <p>Must be healed, symptom free and resumed regular activity.</p>
Ganglion Cyst	<p>Accept.</p>
Gastric Bypass	<p>Defer 6 weeks after discharge.</p> <p>Incision must be healed, and have returned to normal activities. Advise prospective donors to obtain approval from their physician regarding blood donation.</p>
Gastritis	<p>Accept if pain-free.</p>
Gastroesophageal Reflux Disease (GERD)	<p>Accept.</p>

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Medical Condition	Comment
Genital Herpes	Defer while active lesions present and for 1 week afterwards. Accept when lesions inactive.
Genital Warts (Human Papilloma Virus)	Accept. Defer until healed if recently removed.
GERD (Gastroesophageal Reflux Disease)	Accept.
Giardiasis	Defer 1 week after cessation of therapy and feels well.
Gilbert's Syndrome	Accept.
Gingivitis	Past episodes are acceptable if the episodes were acute and the donor is asymptomatic on the day of donation.
Glaucoma	Accept.
Glomerulonephritis	Defer if chronic renal disease. Accept if condition resolved and kidney function normal.
Glomerulosclerosis	Defer if chronic renal disease. Defer if condition resolved and kidney function normal.
Gonorrhea	Defer 12 months after treatment completed.
Gout	Accept if controlled or on medication (refer to Medication List). Defer until inactive.
Grafts	Defer 12 months for donors who have received allogeneic or autologous graft(s). Defer indefinitely if bovine.
Granuloma Annulare	Accept as long as antecubital area not involved.
Grave's Disease	Accept if patient reports normal thyroid tests at last visit to MD and feels well.

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Medical Condition	Comment
Growth Hormone	<p>Permanent deferral if donor received human pituitary-derived growth hormone.</p> <p>Accept if donor received only recombinant growth hormone. (Recombinant growth hormone became commercially available in 1985.)</p> <p>(FDA Memoranda, 7/28/93, and 11/25/87)</p>
Guillain-Barre Syndrome	Accept if recovered and asymptomatic.
Hairy Cell Leukemia	Permanent deferral.
Hashimoto's Thyroiditis	Accept if patient reports normal thyroid tests at last visit to MD and feels well.
Hay Fever	Accept.
Head Injury	<p>Accept if injury did not result in permanent neurological damage.</p> <p>Otherwise requires Medical Director evaluation.</p>
Headache	Cluster, migraine, tension - defer until resolved and feels well.
Heart Attack	<p>Accept 1 year later if:</p> <ol style="list-style-type: none"> 1) Donor is asymptomatic, 2) Donor has no limitation of activities, 3) Donor is not on any cardiac medication except anti-platelet agents, and 4) Donor's physician has given written approval regarding blood donation.
Heart Murmurs	<p>Accept if:</p> <ol style="list-style-type: none"> 1) Donor is asymptomatic, 2) Donor has no activity limitations, and 3) Donor is not on any cardiac medications.

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Medical Condition	Comment
Heart Surgery	<p>May accept if cardiac bypass:</p> <ol style="list-style-type: none"> 1) It has been 1 year since surgery, 2) Donor is not on any cardiac medications (excluding anti-platelet drugs, i.e., A.S.A.), 3) Donor has resumed normal activities, and 4) Donor is asymptomatic. <p>(Other cardiac surgery may be accepted under same conditions.)</p>
Heartburn	Accept.
Heat Injuries	Accept if for minor heat exhaustion/dehydration with no hospitalization. Defer 6 months if treatment obtained in an emergency room or if donor was hospitalized.
Helicobacter Pylori	Accept.
Hematuria	Defer until evaluated by doctor, then reevaluate with diagnosis.
Hemochromatosis	Indefinite deferral.
Hemodialysis	<p>Defer 12 months after last dialysis.</p> <p>Healthcare workers performing dialysis are acceptable if they meet criteria for donation.</p>
Hemolytic Anemias	Refer to Medical Director.
Hemophilia	<p>Permanent deferral.</p> <p>Defer sex partners for 12 months after last sexual contact with the patient.</p>
Hemorrhoids	<p>Acceptable.</p> <p>Defer until healing is complete if post-operative.</p>
Henoch-Schönlein Purpura	Defer until disease completely inactive. Defer if chronic renal failure is present. If condition resolved and kidney function normal – accept.

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Hepatitis	<p>Permanent deferral:</p> <p>If viral hepatitis of any type at age 11 or over (i.e. Hepatitis A, B or C).</p> <p>If confirmed positive HBsAg, repeatedly reactive test for anti-HBc on more than one occasion.</p> <p>Present/past clinical evidence of infection with HCV.</p> <p>If infectious mononucleosis-associated hepatitis.</p> <p>12-month deferral:</p> <p>Close contact i.e., living in same house, contact with body secretions of patient with hepatitis.</p>
Hereditary Angioedema	<p>Accept for RBC donation only if asymptomatic.</p> <p>Permanent deferral otherwise.</p>
Hereditary Spherocytosis	<p>Permanent deferral for RBC donations.</p> <p>Accept for plasma or platelet donations.</p>
Hernia	<p>Accept.</p>
Herniated Disc	<p>Accept.</p>
Herpangina	<p>Defer 2 weeks (infection in the mouth caused by Coxsackie A virus).</p>
Herpes Simplex	<p>Defer if active/open.</p> <p>Accept if healed.</p>
Hidradenitis [inflammation of sweat gland(s)]	<p>Accept if completed antibiotic therapy.</p>
High Blood Pressure	<p>Accept if controlled with medications (check Medication List) and blood pressure at time of donation is within donor center guidelines.</p>
Hirschsprung's Disease	<p>Accept if recovered and asymptomatic.</p>
Histoplasmosis	<p>Accept if disease diagnosed by chest x-ray findings as inactive disease.</p> <p>Permanent deferral if donor has systemic or active disease.</p>

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HIV Test Confirmed Positive	Permanent deferral.
HIV Test-Not Confirmed	Permanent deferral.
Hodgkin's Disease	Permanent deferral.
HPV (Human Papilloma Virus)	Accept
Human Bite	Defer 12 months.
Human T-Cell Lymphotropic Viruses, types	Permanent Deferral.
Huntington's Disease	Permanent deferral Accept family members if they meet donor criteria. The disease is inheritable, not contagious.
Hydrocele	Defer until incision is healed, released from physicians care, feels well, and returned to duty if surgery involved less than one day hospitalization, without allogeneic or autologous blood or blood product transfusion(s), organ or tissue transplant. Otherwise refer to Medical Director.
Hydrocephalus	Accept if mentally competent, no infection, no active seizure history.
Hyperlipidemia	Acceptable.
Hyperparathyroidism	Requires Medical Director evaluation of underlying cause.
Hypertension	Accept if controlled with medications (refer to Medication List) and blood pressure at time of donation is within donor center guidelines.
Hyperthyroidism	Accept if donor reports normal thyroid tests at last visit to medical provider and feels well.
Hypoglycemia	Accept if donor has eaten before presentation. Encourage eating before donation once they present.
Hypoparathyroidism	Evaluate underlying cause; refer to Medical Director if necessary.

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Hypothyroidism	Accept if donor reports normal thyroid tests at last visit to MD and feels well.
Hysterectomy	Accept if released from doctor's care, feels well, and full activity has been resumed. Defer 12 months if received blood transfusion.
Idiopathic Thrombocytopenic Purpura (ITP)	Accept if donor had childhood ITP (up to age 13) and now well. Permanent deferral if adult form of ITP.
Immunizations	See specific vaccines.
Infections	See Bacterial Infections
Infectious Mononucleosis	Defer until symptom free. Permanent deferral if infectious mononucleosis-associated hepatitis.
Injuries	See specific entity.
Insect Bites	Defer if bite infected or in area of venipuncture.
Insecticide Exposure	Evaluate on individual basis; find out through public agencies the chemical nature of the agent; determine if this would alter red cell storage or prove dangerous to a patient.
Irritable Bowel Syndrome	Accept if symptom free and not taking deferring medications.
Isosporiasis	Permanent deferral if chronic intestinal infection (> 1 month duration of diarrhea).
Itching	Defer until asymptomatic.
ITP (Idiopathic Thrombocytopenic Purpura)	Accept if had childhood ITP (up to age 13) and now well. Permanent deferral if adult form of ITP.
Jaundice	Accept if neonatal (at birth). Permanent deferral if associated with viral hepatitis at age 11 or over.

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Medical Condition	Comment
Kaposi's Sarcoma	Permanent deferral
Keratoconjunctivitis	Defer until resolved and well.
Kidney Stones	Accept.
Kidney Transplantation	Permanent deferral.
Langerhans Cell Histiocytosis	Permanent deferral.
Laparoscopy	Defer 1 month. Requires Medical Director evaluation of reason for procedure. Defer 72 hours if for tubal ligation.
Laparotomy	Document reason for laparotomy. Defer until incision is healed (minimum of 6 weeks) and released from physician's care.
LEEP (Loop Electrosurgical Excision Procedure)	Used to treat cervical dysplasia. Defer 6 weeks and resumed normal activity. Medical Director evaluate pathology report.
Left Bundle Branch Block	Accept if asymptomatic and approved by donor's physician.
Legionnaire's Disease	Accept once complete antibiotic therapy and well.
Leishmaniasis	Permanent deferral.
Leprosy	Permanent deferral.
Leukemia	Permanent deferral.
Leukoplakia	Accept.
Lipomas	Accept if not in antecubital areas and are benign. If malignant, see Cancer.

Armed Services Blood Program

Medical Condition	Comment
Liver Disease	<p>Permanent deferral if current.</p> <p>Accept if Reye's Syndrome and now well.</p> <p>See specific entities.</p>
Lou Gehrig's Disease	<p>Permanent deferral; unknown cause could put donor at risk.</p>
Lung Disorders	<p>See specific entity.</p> <p>Requires Medical Director evaluation.</p>
Lung Surgery	<p>Acceptable after released from doctor's care and feels well.</p> <p>Requires Medical Director evaluation of reason for procedure.</p> <p>Underlying condition must be documented.</p>
Lupus (Discoid)	<p>Accept if only skin involved.</p>
Lupus (Systemic)	<p>Permanent deferral.</p>
Lyme Disease	<p>Usually occurs 2 weeks after a tick bite.</p> <p>Defer if febrile or symptomatic.</p> <p>Typical symptoms may include flu-like symptoms, skin rash, and/or joint pain.</p> <p>Accept 12 months after completion of therapy and asymptomatic.</p> <p>Accept with positive antibody if above criteria are met.</p>
Lymphadenopathy	<p>Requires Medical Director evaluation - May be sign of HIV infection or other diseases.</p>
Malaria	<p>Diagnosis of malaria – Accept donors 3 years from completion of therapy if they have remained symptom-free.</p>

Armed Services Blood Program

Medical Condition	Comment
Malignancy	<p>Accept if localized skin cancer (basal cell carcinoma or squamous cell carcinoma) and is completely excised and healed.</p> <p>Accept carcinoma-in-situ of the cervix.</p> <p>Permanent deferral for malignant melanoma, leukemia, lymphoma, Hodgkin's disease, multiple myeloma, myelodysplastic syndrome, polycythemia vera.</p> <p>All others require Medical Director's approval.</p>
Manic-Depressive	<p>Accept if mentally and legally responsible.</p> <p>Refer to Medication List, if applicable.</p>
Mastitis	Defer 2 weeks after cessation of therapy and feels well.
Measles	<p>Defer until donor afebrile and free of major symptoms.</p> <p>Exposure requires a 21-day deferral from time of exposure.</p>
Melanoma	Permanent deferral.
Meniere's Disease	Accept if currently asymptomatic.
Meningitis	<p>Temporary deferral – 4 weeks.</p> <p>Defer for 120 days after diagnosis or onset of illness, whichever is later, if meningitis is due to West Nile Virus.</p> <p>Refer to Medical Director if donor is uncertain of diagnosis and/or treatment.</p>
Mickulicz Syndrome	Permanent deferral.
Migraine	Defer until resolved and feels well.
Miscarriage	Defer 6 weeks.

Armed Services Blood Program

Medical Condition	Comment
Mitral Insufficiency or Mitral Valve Prolapse	<p>Accept if:</p> <ol style="list-style-type: none"> 1) Asymptomatic -no arrhythmias, 2) No limitation of activities, 3) On prophylactic antibiotics, and 4) On Inderal (Propranolol). <p>Note: Other medications require Medical Director approval.</p>
Mononucleosis (“Mono”)	Defer until symptom free.
Multiple Sclerosis	Permanent deferral.
Mumps	<p>Recent mumps infection: Defer until 14 days after the resolution of all symptoms of infection.</p> <p>Contact with a person or persons with mumps: Defer until 28 days after the last recognized contact.</p> <p>Contact is defined as any of the following situations:</p> <ol style="list-style-type: none"> 1) Living in the same dwelling (i.e. house, apartment, dormitory room) as a case patient with mumps diagnosis. 2) Recognized direct contact with upper respiratory secretions (i.e. kissing) or sharing utensils that might be contaminated with upper respiratory secretions (i.e. eating utensils, cups, drinking glasses) with a case patient with mumps diagnosis). 3) Recognized contact within three feet of a case patient with a mumps diagnosis without the use of barrier precautions (mask and eye protection).
Murmurs	<p>Accept if donor is:</p> <ol style="list-style-type: none"> 1) Asymptomatic, 2) No activity limitations, and 3) Is not on any cardiac medications.

Armed Services Blood Program

Medical Condition	Comment
Muscular Dystrophy	Determine type and contact Medical Director for deferral status. Defer if donor does not know type.
Musculoskeletal Injuries	Defer until no longer on crutches. Okay to accept if donor uses permanent crutches (not under the arm crutches).
Myasthenia Gravis	Permanent deferral.
Mycobacterial Infections	Permanent deferral if disseminated or extrapulmonary disease, all types. Defer for active infection until medications are completed and well or 1 year from diagnosis, whichever is longest. If tuberculosis exposure, accept if: 1) On anti-tubercular drugs, 2) Medication is on medication list, and 3) Positive skin test is accompanied with negative chest x-ray.
Mycosis Fungoides	Permanent deferral.
Myocardial Infarction	Accept one year later if 1) Donor is asymptomatic 2) Donor has no limitation of activities 3) Donor is not on any cardiac medication except anti-platelet agents 4) Donor's physician has given written approval regarding blood donation.
Myocarditis	Defer for 1 year after symptoms resolve. Permanent deferral if congestive heart failure present.
Narcolepsy	Accept, if awake.
Nephritis	Accept if renal function normal and condition resolved, otherwise refer to Medical Director.

Armed Services Blood Program

Medical Condition	Comment
Nephroblastoma (Wilm's Tumor)	Permanent deferral.
Nephrosclerosis	Requires Medical Director evaluation.
Neuralgia (Trigeminal)	Accept.
Neuroblastoma	Permanent deferral.
Neurofibromatosis	Accept if donor is in good health (no infections or malignancies) and has no lesions in the antecubital area that may interfere with the aseptic scrub.
New Variant Creutzfeldt-Jacob Disease (nvCJD)	Permanent Deferral.
Non Specific Urethritis	Defer until asymptomatic and therapy complete.
Nose Bleed	Accept if does not have bleeding disorder.
Nursing Mothers	Accept.
Orthopedic Injuries	Defer until no longer on crutches. Okay to accept if donor uses permanent crutches (not under the arm crutches).
Osgood-Schlatter Disease	Accept.
Osteomyelitis	Defer until 1 week after cessation of therapy and feels well.
Osteoporosis	Accept.
Otitis Media (Ear Infection)	Defer until 24 hours after cessation of therapy and feels well.
Ovarian Cysts	Acceptable once released from doctor's care and feels well. Be certain that there was no diagnosis of malignancy.
Pacemaker	Permanent deferral.
Paget's Disease Of Bone	Accept – this is a metabolic bone disease.
Paget's Disease Of Breast	Permanent deferral.

Armed Services Blood Program

Medical Condition	Comment
Palpitations	Accept.
Pancreatitis	Defer until asymptomatic and well.
Papilloma Virus	Accept if symptom-free; localized infection with high recurrence rate.
Parkinson's Disease	Accept if symptoms are mild. If uncertain, refer to Medical Director.
Paroxysmal Nocturnal Hemoglobinuria	Permanent deferral.
Parvovirus	Defer until donor afebrile and free of major symptoms. Exposure requires 21-day deferral from time of exposure.
Pelvic Inflammatory Disease (PID)	Defer until resolved and feels well. Defer 12 months from completion of treatment if causative agent is sexually transmitted (i.e. gonorrhea).
Pemphigoid/Pemphigus Vulgaris	Permanent deferral.
Pericarditis	Accept if resolved, asymptomatic and not on related medications.
Periodontal Disease	Past episodes are acceptable if the episodes were acute and the donor has been asymptomatic for at least 30 days prior to the day of donation and no dental or periodontal therapy has been necessary for at least 30 days prior to the day of donation.
Peripheral Vascular Disease	Accept if donor meets all other criteria. Question about heart disease.
Peritoneal Dialysis	Defer 12 months after last dialysis. Healthcare workers performing dialysis are acceptable if they meet criteria for donation.

Armed Services Blood Program

Medical Condition	Comment
Permanent Make-Up	<p>Accept only if applied by a state regulated entity with sterile needles and ink that has not been re-used. Refer to ASBP State Tattoo and Permanent Make-Up Reference List to determine if the state in which tattoo was applied meets these requirements.</p> <p>Defer one week to ensure site has healed properly if the state meets the requirements.</p> <p>Defer 12 months post application, if the state does not meet the requirements.</p>
Pernicious Anemia	Accept if Hct within donor limits.
Phlebitis	Accept if asymptomatic and off medication 1 month.
Physical Therapy	Defer until no longer on crutches. Okay to accept if donor uses permanent crutches (not under the arm crutches).
PID (Pelvic Inflammatory Disease)	<p>Defer until resolved and feels well.</p> <p>Defer 12 months from completion of treatment if causative agent is sexually transmitted (i.e. gonorrhea).</p>
Pilonidal Cysts	Accept if meets all donor criteria, no chronic fever and no medications.
Pityriasis	Accept if lesions are not in venipuncture site.
Plasma Donation	<p>Defer 48 hours following uncomplicated procedure.</p> <p>Defer 8 weeks if procedure is complicated by red cell loss of 100 mL or greater in machine.</p>
Platelet Donation/Plateletpheresis	<p>Defer 48 hours following uncomplicated procedure.</p> <p>Defer 8 weeks if procedure is complicated by red cell loss of 100 mL or greater in machine.</p>
Pleurisy	Defer until symptom free.
Pneumoconiosis (Black Lung Disease)	Permanent deferral.

Armed Services Blood Program

Medical Condition	Comment
Pneumocystis Carinii Pneumonia (PCP)	Permanent deferral.
Pneumonia	Defer until off antibiotics 72 hours, resolved and asymptomatic. Permanent deferral if recurrent pneumonia (>1 episode of acute pneumonia within 1 year diagnosed by culture and radiologic evidence).
Pneumothorax	Accept if no known disease. Requires Medical Director evaluation if known disease.
Poison Ivy	Accept if venipuncture site is free of lesions and donor has no other symptoms.
Poliomyelitis	Accept unless there is active infection.
Polycystic Kidney Disease	Accept if renal function normal. Permanent deferral if renal function abnormal.
Polycythemia	Permanent deferral.
Polymyalgia Rheumatica	Permanent deferral.
Polymyositis	Permanent deferral.
Polyuria	Accept if no renal failure. Permanent deferral otherwise.
Porphyria Cutanea Tarda	Permanent deferral.
Positive Hepatitis Test	Permanent deferral if confirmed positive HBsAg, and repeatedly reactive for anti-HBc on more than one occasion.
Post-Splenectomy	Accept if spleen removed because of trauma. Requires Medical Director evaluation if spleen removed due to disease.
Pott's Disease	Also known as tuberculous spondylitis. Defer if active infection until cease medications and well or 1 year from diagnosis, whichever is longer.

Armed Services Blood Program

Medical Condition	Comment
Pregnancy	<p>Defer during pregnancy and for 6 weeks after delivery or termination.</p> <p>Donors who have had any pregnancies (including only one) carried to term (delivery) are considered "TRALI risk" donors. Apheresis plasma and whole-blood-derived plasma for transfusion from all blood groups (A, B, AB, and O) should not be manufactured unless donor is tested negative for HLA I and II antibodies. If donor is tested positive for HLA I or II antibodies, apheresis plasma, whole-blood-derived plasma for transfusion, and other high plasma-volume blood components (including apheresis platelets) from all blood groups should not be manufactured (BPL 14-02 dated 7 Mar 2014).</p>
Premature Atrial Contractions	<p>Accept if:</p> <ol style="list-style-type: none"> 1) asymptomatic, 2) has no restrictions on duty or activity, and 3) is on no medications for this condition.
Progressive Multifocal Leukoencephalopathy	Permanent deferral.
Progressive Systemic Sclerosis	Permanent deferral.
Prostatitis (also see Benign Prostatic Hyperplasia)	<p>Defer until asymptomatic unless treated with Proscar or Avodart (Dutasteride) for Benign Prostatic Hyperplasia (BPH).</p> <p>Proscar - Defer until 1 month after last dose of medication.</p> <p>Avodart - Defer until 6 months after last dose of medication.</p>
Protein C Deficiency	<p>Accept for RBC and platelet production only.</p> <p>Defer for plasma donation.</p>
Protein S Deficiency	<p>Accept for RBC and platelet production only.</p> <p>Defer for plasma donation.</p>
Pruritis	Defer until asymptomatic.
Psoriasis	<p>Accept if lesions not in area of venipuncture and has not been treated with Tegison.</p> <p>Permanent deferral if treated with Tegison.</p>

Armed Services Blood Program

Medical Condition	Comment
Pulmonary Embolism	Defer 6 months.
Pyelonephritis	Permanent deferral if chronic renal disease. Temporary deferral if disease active. Accept if disease resolved and kidney function normal.
Q-Fever	Permanent deferral.
Rabies	Defer 1 year after exposure (animal bite).
Raynaud's Disease (Phenomenon)	Permanent deferral if in association with autoimmune disorder, otherwise accept.
Reflux, Gastroesophageal	Accept.
Regional Enteritis	Permanent deferral.
Reiter's Syndrome	Permanent deferral.
Relapsing Fever	Requires Medical Director evaluation.
Renal Calculi	Accept.
Renal Failure	Acute: Defer until resolved and have normal renal function for a week. Chronic: Defer if chronic renal disease.
Respiratory Infection	Taking antibiotics- Defer until symptom-free and off antibiotics for 72 hours. Taking cold medications- Defer until symptom-free and off cold medications for 72 hours. Defer donors with active symptoms of a respiratory infection until symptom-free for 72 hours.
Reticuloendotheliosis	Permanent deferral.
Reye's Syndrome	Accept, if recovered and liver function normal.
Rhabdomyolysis	Acceptable to donate after release from care of physician and return to full duty.

Armed Services Blood Program

Medical Condition	Comment
Rheumatic Heart Disease	Accept if post-cardiac correction and meets those criteria. Defer if symptomatic, activities limited and/or on medication, including continuous antibiotics.
Rhinoplasty	Acceptable if site is healed and released from the care of physician.
Ringworm	Accept if not in venipuncture site.
Rocky Mountain Spotted Fever	Once antibiotics completed, wait 1 week. If no recurrence, accept.
Ronnel (Insecticide)	Temporary deferral – 2 weeks after skin exposure. Agent is an anticholinesterase, may alter red cell stability.
Root Canal Surgery	Defer 72 hours or until completely healed.
Rosacea	Accept unless donor has secondary infections.
Roseola	Defer for 2 weeks after recovered.
Ross River Virus	Accept if asymptomatic.
Rubella (German Measles)	Defer until donor afebrile and free of major symptoms. Defer 1 month after exposure unless immunization or previous infection can be documented.
Salmonella	Defer until well and released from doctor's care. Permanent deferral if recurrent septicemia.
Sarcoidosis	Refer to Medical Director.

Armed Services Blood Program

Medical Condition	Comment
SARS (Severe Acute Respiratory Syndrome)	<p>History of SARS, or suspected SARS, or treatment for SARS:</p> <p>1) Defer donor 28 days from cessation of symptoms and/or treatment, whichever is later</p> <p>NOTE: If donor is currently demonstrating symptoms, follow service specific infection control guidelines.</p> <p>Close contact with persons with SARS or suspected SARS and is asymptomatic:</p> <p>1) Defer donor 14 days after last exposure.</p>
Scabies	Defer until resolved.
Scarlet Fever	<p>Accept if well and asymptomatic.</p> <p>If heart disease see Rheumatic Heart Disease.</p> <p>If exposed to patient - Defer until 48 hours after exposure and well.</p>
Scarring	Intentional skin scarring to make a design - 12 month deferral.
Schizophrenia	Accept if donor is mentally and legally responsible.
Scleroderma	Permanent deferral.
Seizures	<p>Acceptable, as long as well controlled with or without medication (refer to Medication list).</p> <p>“Well controlled” is defined as seizure-free in the past 6 months.</p>
Sepsis	Accept if no longer on antibiotics for 1 week and condition resolved.
Septoplasty	Acceptable if site is healed and released from the care of physician.
Shigella	Accept if resolved or asymptomatic.
Shingles	Defer while active lesions present and for 1 week afterwards.

Armed Services Blood Program

Medical Condition	Comment
Shortness of Breath	Shortness of breath on exertion is acceptable, providing donor is active and has no restrictions on his/her activities.
Sickle Cell Disease	Permanent deferral.
Sickle Cell Trait	Accept.
Sigmoidoscopy	<p>If no biopsy - Accept 72 hours post procedure.</p> <p>If biopsy - Defer until results available. If results available, ask donor if physician told them whether additional testing was needed or if any abnormalities were found.</p> <p>Consult Medical Director to resolve any questions.</p>
Sinusitis	<p>Taking antibiotics - Defer until symptom-free and off antibiotics for 72 hours.</p> <p>Taking cold medications - Defer until symptom-free and off cold medications for 72 hours.</p> <p>Defer donors with active symptoms of sinusitis until symptom-free for 72 hours.</p>
Sjogren's Syndrome	Permanent deferral.
Skin Infections	Accept if lesions not in area of venipuncture and donor not taking antibiotics. [If suspect for anthrax, defer.]
Skin Ulcer	Defer until well-healed. [If suspect for anthrax, defer.]
SLE (Systemic Lupus Erythematosus)	Permanent deferral.

Armed Services Blood Program

Medical Condition	Comment
Smallpox Lesion	<p>Permanent deferral, unless vaccinated donor or donor with localized lesion acquired through close contact with vaccine recipient.</p> <p>Defer until after scab has separated from the skin spontaneously, or 21 days after date of immunization, whichever is longer, as long as no other symptoms or complications.</p> <p>If scab was otherwise removed, defer vaccine recipient for 2 months after vaccination date.</p> <p>Defer donor with localized/close contact lesion for 2 months after date of attempted donation, as long as no other symptoms or complications.</p>
Smallpox Vaccination Complications	<p>Defer any donor who experienced complications of vaccinia infection acquired either through vaccination or through close contact with vaccine recipient until 14 days after all complications are completely resolved.</p>
Sore Throat	<p>Taking antibiotics - Defer until symptom-free and off antibiotics for 72 hours.</p> <p>Taking cold medications - Defer until symptom-free and off cold medications for 72 hours.</p> <p>Defer donors with active symptoms of a sore throat until symptom-free for 72 hours.</p>
Spherocytosis	<p>Permanent deferral.</p>
Splenectomy	<p>Accept if removed because of trauma.</p> <p>Defer if removed for disease, requires Medical Director evaluation of disease.</p>
Spondylitis	<p>Accept if:</p> <ol style="list-style-type: none"> 1) no limitation of motion (can sit in donor chairs) and 2) not on immunosuppressive medication.
Stem Cell Transplant, Hematopoietic	<p>If for hematologic malignancy/cancer, leukemia, lymphoma - Permanent deferral.</p> <p>For all others, refer to Medical Director.</p>
Stitches	<p>Defer until wound healed and stitches removed.</p>

Armed Services Blood Program

Medical Condition	Comment
Strep Throat	Taking antibiotics - Defer until symptom-free and off antibiotics for 72 hours.
	Taking cold medications - Defer until symptom-free and off cold medications for 72 hours.
Stroke	Defer if occurred within the last 6 months.
	Advise prospective donors to obtain approval from their physician regarding blood donation.
	Accept if no symptoms and no limitation of activities.
Styes	Styes – Defer until treatment complete.
Surgical Procedures	Accept if released from doctor’s care, feels well, and full activity has been resumed.
	Requires Medical Director evaluation pre-op disease process.
	Defer 12 months if received allogeneic or autologous blood transfusion.
Syphilis	Defer for 12 months after treatment completed.
Tachycardia	Temporary deferral if > 100 beats/minute.
Tattoos/Permanent Make-up	Accept only if applied by a state regulated entity with sterile needles and ink that has not been re-used. Refer to current edition of ASBP State Tattoo and Permanent Make-Up Reference List to determine if the state in which it was applied meets these requirements.
	Defer one week to ensure site has healed properly if the state meets the requirements.
	Defer 12 months post application if the state does not meet the requirements.
Tendonitis	Accept if no acute symptoms.
Thalassemia Major	Permanent deferral.

Armed Services Blood Program

Medical Condition	Comment
Thalassemia Minor (Thalassemia Trait)	<p>Accept if hematocrit \geq 38% or hemoglobin \geq 12.5 g/dL</p> <p>Autologous unit - Accept if hematocrit \geq 33% or hemoglobin \geq 11.0 g/dL.</p>
Thrombocythemia	<p>Temporary deferral until resolved if underlying cause not malignancy.</p> <p>Permanent deferral if Essential thrombocythemia.</p>
Thrombophlebitis	Accept if asymptomatic and off medication 1 month.
TIA (Transient Ischemic Attacks)	<p>Defer if occurred within the last 6 months.</p> <p>Advise prospective donors to obtain approval from their physician regarding blood donation.</p> <p>Accept if no symptoms and no limitation of activities.</p>
Tick Bite	<p>Defer 2 weeks if no symptoms of infection (Lyme disease).</p> <p>Defer if febrile or symptomatic.</p> <p>Typical symptoms may include flu-like symptoms, skin rash, and/or joint pain.</p>
Tinea Versicolor Infection	<p>Accept if involving only skin or nails and away from venipuncture site.</p> <p>Accept if other tissues involved and donor is well and asymptomatic and off all antifungal therapy for 1 month.</p>
Tissue Graft	Defer 12 months if donor received allogeneic or autologous graft(s). Defer indefinitely if bovine.
Tongue Separation	Defer for 12 months.
Tonsillectomy & Adenoidectomy (T&A)	Accept when healing complete.
Tonsillitis	Past episodes are acceptable if the episodes were acute and the donor is asymptomatic the day of donation.
Tooth Extractions	Defer 72 hours or until completely healed.

Armed Services Blood Program

Medical Condition	Comment
Torticollis	Accept. Contracted state of the neck muscles producing an unnatural position of the head.
Tourette Syndrome	Accept if movements do not affect phlebotomy.
Toxic Shock Syndrome	Accept once off antibiotics and well for 2 weeks.
Toxoplasmosis	Defer 1 week after cessation of therapy and feels well.
Transfusions	Defer 12 months if donor received allogeneic or autologous blood or blood product transfusion(s). Defer indefinitely if donor received a transfusion of blood or blood products collected in the United Kingdom or France since 1980.
Transient Ischemic Attack (TIA)	Defer if occurred within the last 6 months. Advise prospective donors to obtain approval from their physician regarding blood donation. Accept if no symptoms and no limitation of activities.
Transplant	Defer 12 months if donor received allogeneic or autologous transplant(s). Permanent deferral following dura mater transplant. Permanent deferral if for cancer or autoimmune disease.
Transverse Myelitis	Permanent deferral.
Trichomonas	Accept if asymptomatic and treatment completed.
Trypanosomiasis	Permanent deferral.
Tubal Ligation	Defer until incision is healed, released from physician's care, feels well, and returned to duty if surgery involved less than 1 day hospitalization, without allogeneic or autologous blood transfusion, graft (to include bone and tissue) or transplant. Otherwise refer to Medical Director.

Armed Services Blood Program

Medical Condition	Comment
Tuberculosis	<p>Defer for active infection until cease medications and well or 1 year from diagnosis, whichever is longest.</p> <p>Accept, if exposure and:</p> <ol style="list-style-type: none"> 1) On anti-tubercular drugs 2) Medication is on medication list 3) Positive skin test 4) Negative chest x-ray
Tuberculosis Skin Test	<p>Accept donors who have just received a TB skin test, but have not yet had the test read if:</p> <ol style="list-style-type: none"> 1) The test was part of a basic health screen (not because the donor is symptomatic) and 2) there is no redness or induration (swelling).
Tumor Removal	Defer for 6 weeks post excision.
Typhoid Fever	Accept if recovered and asymptomatic.
Ulcer Disease	Accept if pain-free.
Ulcer, Skin	<p>Defer until well-healed.</p> <p>Defer if suspect for anthrax.</p>
Ulcerative Colitis	Permanent deferral, except if post-colectomy and well.
Unconsciousness	<p>Accept if well and recovered.</p> <p>Requires Medical Director evaluation if still taking medication or still symptomatic.</p>
Undulant Fever	Requires Medical Director evaluation.

Armed Services Blood Program

Medical Condition	Comment
Upper Respiratory Infection (URI)	<p>Taking antibiotics - Defer until symptom-free and off antibiotics for 72 hours.</p> <p>Taking cold medications - Defer until symptom-free and off cold medications for 72 hours.</p> <p>Defer donors with active symptoms of a URI until symptom-free for 72 hours.</p> <p>Donors with hay fever can donate.</p>
Urinary Tract Infection (UTI)	Defer until 48 hours after completing antibiotic therapy and symptoms resolved.
Urticaria	Defer only if lesions in area of venipuncture.
Uterine Bleeding	<p>If cause unknown – Defer until evaluated by donor's doctor. Requires Medical Director evaluation.</p> <p>Accept if non-malignant and meets donor criteria.</p>
UTI (Urinary Tract Infection)	Defer until 48 hours after completing antibiotic therapy and symptoms resolved.
Vaccinations	See specific vaccination in immunizations list.
Vaginitis	Accept if treatment is complete and donor asymptomatic.
Variant Creutzfeldt-Jacob Disease (vCJD)	Permanent deferral
Varicella-Zoster Infection	<p>Defer while active lesions present and for 1 week afterwards.</p> <p>If not previously infected, defer 21 days after exposure. Otherwise accept.</p> <p>If injected with VZIG (varicella immune globulin) post-exposure, defer 1 year.</p>
Vasectomy	Defer 72 hours and feels well/fully recovered.
Venereal Warts (Human Papilloma Virus)	<p>Accept.</p> <p>Defer until healed if recently removed.</p>

Armed Services Blood Program

Medical Condition	Comment
Vincent's Angina	Past episodes are acceptable if the episodes were acute and the donor is asymptomatic the day of donation.
Vitiligo	Accept. Partial or total loss of skin pigmentation, often occurring in patches.
Von Recklinghausen's Disease	Accept if donor is in good health (no infections or malignancies) and has no lesions in antecubital area that may interfere with aseptic scrub.
Von Willebrand's Disease	Permanent deferral.
Warts (Human Papilloma Virus)	Accept. Defer until healed if recently removed.
West Nile Virus	Donors with a positive test for West Nile Virus - defer for 120 days after positive donation. Donors with a medical diagnosis/suspicion of WNV infection - defer for 120 days after diagnosis or onset of illness, whichever is later. NOTE: The presence of IgM positive antibody test for WNV in the absence of current or recent symptoms requires no deferral. Donors who report an otherwise unexplained post-donation illness associated with headache or other symptoms suggestive of WNV infection occurring within 2 weeks following a blood donation - defer for 120 days from the onset of illness. Blood donors whose blood or blood components were received by a patient with an alleged or confirmed case of transfusion related WNV - defer for 120 days from date of implicated donation. See "meningitis" or "encephalitis" following WNV diagnosis.
Whole Blood Donation	Defer 8 weeks, if single unit donation. Defer 16 weeks, if double unit donation.
Wilm's Tumor (Nephroblastoma)	Permanent deferral.

Armed Services Blood Program

Medical Condition	Comment
Wilson's Disease	Accept if no liver damage.
Wolff-Parkinson-White	Accept if donor is asymptomatic, and has a release from cardiologist.
Yeast Infection (Vaginal)	Accept – refer to Medication List.